A.L.i.C.E Community Information Night

Hosted by

Litchfield School District
Litchfield Police Department
Litchfield Fire Department
A.L.i.C.E Community Information Night

Agenda

Start: 6:00 p.m.
School District Overview
Comments from Litchfield Police Department
Comments from Litchfield Fire Department
Questions & Answers

Close: 7:00 p.m.
Litchfield School District
  - Superintendent Mike Jette,
  - Griffin Administrator Maura Clinton-Jones,
  - LMS Administrator Martha Thayer
  - CHS Administrator Mike Perez

Litchfield Police Department
  - Chief Joe O’Brion
  - Captain Ben Sargent

Litchfield Fire Department
  - Chief Frank Fraitzl
  - Deputy Chief Doug Nicoll
● In Litchfield schools, safety is a priority.

● We work to increase the safety of our students and staff

● A.L.i.C.E. teaches how to be safe during critical events
● Reviewing case studies helps us increase safety

● Knowledge improves decision making by reducing time to take action which increases safety

● In critical events, moments can make the difference between life and death
VIOLENCE IN SCHOOLS

- From 1992 - 2010 there were 468 school associated violent deaths
- 348 of that total were shootings
- In 2015 there were 47 school shootings (17 resulted in death); in 2018 there were 31 school shootings
- Columbine, Virginia Tech, Sandy Hook, Parkland, Santa Fe High School, San Bernadino, Murrysville, PA, and many more
- Violence in schools has occurred for many years
Disrupting the Pathway to Violence

(Taken from the Governor’s School Safety Preparedness Task Force Report)

More information can be found on the NH School Safety website

https://schoolsafetyresources.nh.gov/

The approach of the Task Force in providing recommendations can be conceptualized as a means of disrupting the mental and physical processes that turn the thoughts of a would-be assailant into action.
What We Used in the Past
● Used a traditional lockdown procedure with no barricade or evacuation
● Lock doors, cover windows, turn off lights, huddle, be quiet
● Wait for the ‘all clear’
● Police used a ‘Contain and Wait’ response
What Have We Learned?

• Evacuate = *Intelligent Escape*: Get out if you can, find an exit or make one
• Lockdown = *Enhanced Lockdown*: If that is your only option; lock & barricade the door
• Counter - as a last resort - if you have to defend yourself, use whatever is available to distract the intruder and throw the intruder off balance
Why Change What We Have Been Doing?

- Any action is better than no action
- Command and control are not the first priority
- Traditional lockdown does not keep intruder out
- Historically speaking, ineffective and incomplete safety protocols lead to repeated disastrous outcomes

“In a moment of decision, the best thing you can do is the right thing. The next best thing is the wrong thing. The worst thing you can do is nothing.”

- Theodore Roosevelt
What is **A.L.i.C.E.?**

A.L.i.C.E. is a set of proactive, options-based strategies that incorporates recommendations from the Dept. of Homeland Security, FEMA, US DOE and multiple law enforcement agencies.

A.L.i.C.E. was developed by a police officer and elementary school principal to improve school safety and increase the odds of survival in these types of emergencies.

A.L.i.C.E. teaches individuals to be active participants in their own safety, while leading others to safety when possible.

A.L.i.C.E. is currently used by thousands of schools and police departments across the nation.
What does A.L.i.C.E. stand for?

**Alert** - Get the word out!

**Lockdown** - Good starting point; allows use of current technology & procedures to:

**Inform** - communication keeps the intruder off balance; knowledge empowers occupants to increase survivability

**Counter (age appropriate)** - apply skills to distract, confuse & gain control

**Evacuate** - to reduce the number of potential targets for the intruder & chances of injury from friendly fire
What does A.L.i.C.E. stand for?

A = Alert

➔ Notify as many people as possible about the potential threat (using all available means)
➔ Use common language (do not use codes)
➔ Provide initial information (if you are able)
➔ Be factual and direct
What does A.L.i.C.E. stand for?

$L = \text{Lockdown}$

This is a semi-secure starting point from which to make safety decisions.

- Secure the door
- Barricade the door
- Do not huddle - spread out
What does A.L.i.C.E. stand for?

- Inform
- Continue to communicate the intruder’s movements in real time
- Call 911 with new information
- Use plain language
- May help confuse the intruder
What does A.L.i.C.E. stand for?

C = Counter (age appropriate)

This is a last resort situation!

If the intruder is able to gain entry into your room or area:

➔ MOVE! Scatter!
  ◆ It is more difficult to hit a moving target.

➔ Interrupt / distract the attacker!
  ◆ Throw items at the intruder (books, balls, chairs, etc.)
What does **A.L.i.C.E.** stand for?

**E** = Evacuate

➔ Get out as quickly and safely as you can
➔ Look for the nearest exit or create an exit
➔ Run as far away from the danger as possible
A.L.i.C.E. in Action

The following video is a dramatization of an Active Shooter event and intended to provoke thought only.

It should not be used as a means for response.
A.L.i.C.E. Training
# Preparing K-4

<table>
<thead>
<tr>
<th>Grade Level</th>
<th>Education &amp; Preparation</th>
<th>Drill</th>
</tr>
</thead>
<tbody>
<tr>
<td>PK - 2</td>
<td>~ Teacher reads book “I’m Not Scared, I’m Prepared” ~ Comprehension activities</td>
<td>~ Teacher leads students through ALICE protocol (in class) &amp; Principal leads students through ALICE protocol (whole school)</td>
</tr>
<tr>
<td>3 - 4</td>
<td>~ Teacher reads book “I’m Not Scared, I’m Prepared” ~ Comprehension activities ~ ALICE video (elementary version)</td>
<td>~ Teacher leads students through ALICE protocol (in class) &amp; Principal leads students through ALICE protocol (whole school)</td>
</tr>
</tbody>
</table>

Parents will be informed after the ALICE Training, and before and after the ALICE Drill.
### Preparing 5-8

<table>
<thead>
<tr>
<th>Grade Levels</th>
<th>Education &amp; Preparation</th>
<th>Drill</th>
</tr>
</thead>
</table>
| 5 - 8        | ~ Principal leads ALICE Assembly  
~ ALICE Video (MS Version)  
~ Class review of ALICE  
~ Q & A with students whole group and with teacher | ~ Drill led by Principal  
~ Role play with ALICE drill with LPD  
~ Whistles & Air Horns |

Parents will be informed after the ALICE Training, and before and after the ALICE Drill.
## Preparing 9-12

<table>
<thead>
<tr>
<th>Grade Level</th>
<th>Education &amp; Preparation</th>
<th>Drill</th>
</tr>
</thead>
</table>
| 9 - 12      | ~ Class-based review of ALICE protocols  
              ~ ALICE Video (HS Version)  
              ~ Teacher led Q & A with students | ~ Drill led by Principal  
                                      ~ Role play ALICE drill with LPD  
                                      ~ Whistles & Air Horns |

Parents will be informed after the ALICE Training, and before and after the ALICE Drill.
HOW CAN PARENTS HELP

● Communicate with your child about school safety
  ○ Not bringing anything that could be considered a weapon to school
    ■ Airsoft guns
    ■ BB guns
    ■ Pocket knives
  ○ If you see something, say something
  ○ Appropriate use of social media

● Monitor your child’s social media accounts

● Pay attention to any sudden changes in mood or behaviors
HOW CAN PARENTS HELP

● Report concerns to the police, principal or school social worker

● Ensure students do not have access to weapons

● Ensure the school has current contact information

● If there is a school security incident:
  ○ Refer to the Parent Protocol sent home in the fall
  ○ Refer to the district website for updated information
  ○ Maintain a safe distance away from the school
KEEP EACH OTHER SAFE

What should a student, parent or staff member do if they see or hear any threat of violence?

ALERT or INFORM an adult about your concern.

A.L.I.C.E.
What Else Have We Done?

- In April 2016, the NH Department of Homeland Security performed a school security assessment of all schools in the district.
- Prior to this assessment, the district had installed exterior proximity locks and internal/external video surveillance.
- The NH DHS report made several recommendations, most of which we have implemented:
  - Updated Building Access Policies
  - Secure Entrances at All Schools
  - Airphone Entry Audio & Video
  - 360 Degree Perimeter IP Cameras, Viewing Platform, Software
  - Panic Buttons at All Schools
  - Door & Window Labeling at All Schools
  - Door Lock Audit - Key Inventories
School safety & security preparedness is continuously evolving with new situations and case studies.
Litchfield Police Department

Comments from

Chief Joe O’Brion
&
Captain Ben Sargent
Litchfield Fire Department

Comments from

Chief Frank Fraitzl
&
Deputy Chief Doug Nicoll
QUESTIONS?

A.L.i.C.E.

School Safety Protocols:
A Guide for Parents, Staff & Community
Any School (or other building), USA

Changed From This

LOCKDOWN!
LOCKDOWN!
LOCKDOWN!
LOCKDOWN!
GUNMAN IN ADMIN HALLWAY!
GUNMAN IN ADMIN HALLWAY
BENEFITS OF A TRADITIONAL LOCKDOWN VS A.L.i.C.E.

- Benefits for administration = Command, Control, Convenience

- Benefits for the intruder = Everyone is in one place and stationary. This makes it easy for the intruder to accomplish his or her plan and increase casualties
## WHAT DID YEARS OF LOCKDOWN PREPARATION YIELD?

<table>
<thead>
<tr>
<th></th>
<th>Columbine 1999</th>
<th>Virginia Tech 2007</th>
<th>Sandy Hook 2012</th>
</tr>
</thead>
<tbody>
<tr>
<td># of Intruders</td>
<td>2</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Mins. of Shooting</td>
<td>8.5</td>
<td>8</td>
<td>5</td>
</tr>
<tr>
<td>Number Wounded</td>
<td>12</td>
<td>17</td>
<td>2</td>
</tr>
<tr>
<td>Number Killed</td>
<td>10</td>
<td>30</td>
<td>26</td>
</tr>
<tr>
<td>Age of Victims</td>
<td>Minors</td>
<td>Adults</td>
<td>Minors/Adults</td>
</tr>
</tbody>
</table>
Columbine, 1999

- Wounded teacher tells students to hide
- Intruders enter library; 56 people inside
- Gunmen in library for 7 1/2 min
- Stop to reload and shoot at Police outside
- 22 students shot; 10 fatalities

Did they have an option to flee?
Columbine, 1999

- 700 students fled on their own initiative
- Over half of the total students saved their own lives by fleeing the crisis zone
- This was instinctive behavior
- Casualties in the library where students were told to get under the desks

Three Human Reactions to Fear
- Flee
- Fight
- Freeze
Lesson from Virginia Tech

- One gunman
- Murders 32, wounds 25 in 9 minutes
- Starts at 7:15 AM
- Returns & reloads at his apartment
- Mails pictures/video manifest to NBC
- Returns to campus 9:45 AM
- Executions in 5 classrooms
- Kills 30 and then kills himself

What gave Cho the advantage?
WE DID!
Static Targets with little to no resistance.
Under the Lockdown Concept, how much of this building is considered to be in immediate lethal danger?